



## Teacher Training Start Dates 2010

= Weekdays    
  = Weekends  
 Start dates are **BOLD**

**COURSE KEY**  
**ABP**= Anatomy, Biomechanics & Posture Analysis  
**MAT**= Comprehensive Mat Repertoire  
**BAR**= Comprehensive Barrels Repertoire  
**REF**= Comprehensive Reformer Repertoire  
**CHR**=Comprehensive Chair Repertoire  
**CAD**=Comprehensive Cadillac Repertoire  
**SPC**= Special Populations & Contraindications  
**AQU**= AQUALATES®

|            | ABP                  | MAT                                  | BAR               | REF                               | CHR                   | CAD                 | SPC              | AQU              |
|------------|----------------------|--------------------------------------|-------------------|-----------------------------------|-----------------------|---------------------|------------------|------------------|
| <b>JAN</b> | 9-10 (9a-3p)         | <b>15, 16-17</b><br>22, <b>23-24</b> |                   |                                   |                       |                     |                  |                  |
| <b>FEB</b> | <b>27-28</b> (9a-3p) | 6                                    | <b>7</b><br>13-14 |                                   |                       |                     |                  |                  |
| <b>MAR</b> |                      |                                      |                   | <b>5, 6-7</b><br>19, <b>20-21</b> |                       |                     |                  |                  |
| <b>APR</b> |                      |                                      |                   | <b>10-11</b><br>24-25             |                       |                     |                  |                  |
| <b>MAY</b> | <b>1-2</b> (9a-3p)   | <b>3-5</b><br>10-12                  |                   |                                   | <b>15-16</b><br>22-23 |                     |                  | <b>8-9</b><br>15 |
| <b>JUN</b> |                      |                                      |                   |                                   |                       | <b>5-7</b><br>19-21 |                  |                  |
| <b>JUL</b> |                      |                                      |                   |                                   |                       |                     |                  |                  |
| <b>AUG</b> |                      |                                      |                   |                                   |                       |                     |                  |                  |
| <b>SEP</b> |                      |                                      |                   |                                   |                       |                     | <b>4-5</b><br>12 |                  |
| <b>OCT</b> | <b>2-3</b> (9a-3p)   | <b>4-6</b><br>18-2                   | <b>25-27</b>      |                                   |                       |                     |                  |                  |
| <b>NOV</b> |                      |                                      |                   | <b>1-5</b><br>15-19               |                       |                     |                  |                  |
| <b>DEC</b> |                      |                                      |                   |                                   |                       |                     |                  |                  |

**Comprehensive Teacher Training (CTT):** ABP & MAT are pre-requisite courses. Comprehensive training may be completed in any order once pre-requisite courses have been attended.